

Thomas G. Schell, DMD

31 Old Etna Road, Suite N1
Lebanon, NH 03766
603-448-3800
tgschell@gmail.com
Thomas.G.Schell@Hitchcock.org

EDUCATION/CERTIFICATION

Board Certified Diplomat AADSM	<i>American Board of Dental Sleep Medicine</i> Darien, IL	2011
General Practice Residency	<i>Columbia College of Physicians & Surgeons</i> New York, NY	1991
Doctor of Dental Medicine	<i>Fairleigh Dickinson College of Dental Medicine</i> Hackensack, NJ	1990
Bachelor of Science, Biology	<i>St. Bonaventure University</i> St. Bonaventure, NY	1985

HONORS AND AWARDS

<i>Quintessence Award for Excellence in Research</i> Quintessence International Publishing Company Quintessenz Verlags-GmbH	1990
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RESEARCH

<i>American Academy of Dental Sleep Medicine</i> Research Committee Member	2012-2020
<i>National Institute of Health</i> <i>Creare, Inc., Hanover, NH</i> Clinical Researcher/Investigator, NIH Grant Project: Multi-Function Oral Appliance Monitor for Sleep Apnea	2013
<i>Assessment of Spermatogenic and Teratologic Effects of Phenytoin on Mice</i> Assistant Researcher, St. Bonaventure University	1993
<i>The Effects of Dental Materials on the Mitogenic Response of Murine Spleen Lymphocytes</i> Primary researcher, Fairleigh S. Dickinson College of Dental Medicine	1989-1990

PROFESSIONAL EXPERIENCE

<i>Dr. Thomas G. Schell, PLLC</i> Owner; general and complex restorative dental practice including maxillofacial prosthetics and dental sleep medicine. Dental Director, AADSM accredited dental sleep medicine facility Lebanon, NH	1993-Present
<i>Dartmouth Hitchcock Medical Center</i> Consultative member of the Transplantation Surgery Team Lebanon, NH	2021-Present
<i>American Academy of Dental Sleep Medicine (AADSM) Board of Director</i> Director at Large, Research Committee Liaison Darien, IL	2012-2020
<i>Dartmouth Hitchcock Medical Center</i> Member of the Head & Neck Tumor Board	2009-2013

Craniofacial Abnormalities Clinic
Member of the CPAP Alternative Case Conference Committee
Lebanon, NH

Dartmouth Hitchcock Medical Center 2001-Present
Consultative Hospital Dental Staff
Lebanon, NH

The Geisel School of Medicine at Dartmouth College 2001-Present
Adjunct Assistant Professor of Surgery
Hanover, NH

J.B. Wilson, DDS, Private Dental Practice 1991-1992
Associate Dentist
New London, NH

PUBLISHED ARTICLES

Textbook Essentials of Sleep Medicine for the Primary Care Provider December 2018
Chapter Author; *Avoiding and Managing Oral Appliance Therapy Side Effects*
Dental Sleep Medicine, Sleep Medicine Clinics, Clinics Review Articles Textbook -Volume 13 * Number 4

Policy Statement on a Dentist's Role in Treating Sleep-Related Breathing Disorders January 2018
Journal of Dental Sleep Medicine

Management of Side Effects of Oral Appliance Therapy for Sleep-Disordered Breathing October 2017
Journal of Dental Sleep Medicine

*Definition of an Effective Oral Appliance for the Treatment of Obstructive Sleep Apnea and Snoring:
A report of the AADSM.* March 2013
Journal of Dental Sleep Medicine

Loss of Sleep Can Lead to a Number of Medical Problems May 2009
Valley News, Lebanon, NH

Children's Oral Health September 2002
Upper Valley Parents Paper, Hanover, NH

After Dental Trauma; There Are Certain Things To Do-- Right Away May 2002
Valley News, Lebanon, NH

Pregnancy and Oral Health May 2002
Upper Valley Parents Paper, Hanover, NH

Bottle Syndrome Has Painful Consequences; It Is Easily Avoided March 2002
Valley News, Lebanon, NH

PROFESSIONAL LECTURES

Dartmouth Hitchcock Medical Center Lebanon, NH 2012-Present
Regular Guest Lecturer at DHMC Sleep Disorders Center

Side Effects of Oral Appliance Therapy Baltimore, MD June 2018
Annual AADSM Meeting & Convention

Side Effects of Oral Appliance Therapy Boston, MA June 2017
Annual AADSM Meeting & Convention

Objective Compliance Monitoring of Oral Appliance Therapy Seattle, WA June 2015
Annual AADSM Meeting & Convention

Harvard Dental Residency- Brigham & Women's Hospital Boston, MA 2014
Dental Sleep Medicine Lecture

Harvard Dental Residency: U Mass Medical Center Boston, MA 2015
Dental Sleep Medicine Lecture

Valley Regional Hospital Claremont, NH 2011
Dental Sleep Medicine Guest Lecturer on Grand Rounds

PROFESSIONAL MEMBERSHIP & INTERESTS

Member of American Academy of Cosmetic Dentistry 1993-Present
Member of AADSM; American Academy of Dental Sleep Medicine 2011-Present

Member of AASM; American Academy of Sleep Medicine 2011-Present

Member of the NSF; National Sleep Foundation 2011-Present

Member of AGD; Academy of General Dentistry 1991-Present

PROFESSIONAL COMMUNITY SERVICES

Journal Article Reviewer for Sleep & Breathing and Journal of the Canadian Dental Association

Red Logan Dental Clinic & Good Neighbor Health Clinic Volunteer

Volunteer supporter of the following dental programs:

Give Back a Smile Program; American Academy of Cosmetic Dentistry Charitable Foundation
Supporting victims of domestic violence with general and cosmetic dental care

Give Kids a Smile Program; American Dental Association
Providing uninsured, underserved children with dental care

NH Donated Dental Services
Supporting disabled or elderly program participants with their serious dental needs

Volunteer supporter/underwriter, Upper Valley Humane Society

Caring Neighbor Volunteer, Town of Plainfield, NH

Listen Community Service, Community Meal Provider/Volunteer

Twin Valley Youth Hockey Association, 2 term President

New Hampshire Dental Society, Grafton/Sullivan Area, 2 term President